

Report for January to December 2020 on KRA2: Health workers and exercise clubs on Majuro Atoll

1. 2020 summary of activities:

Number of home visits:	Approximately 500
Number of people reached with health screenings:	893 people
Number of people reached with walking clubs	91 people
Number of health workers hired:	9
Number of walking club managers	5
Equipment purchased:	7 Lenovo Tablets 8 tablet covers 20 boxes of 300 test strips 40 pairs of walking shoes 2 volleyballs 1 volleyball net 103 walking club t-shirts

The Schedule of activities conducted in 2020 is shown below:

January	February	March	April	May	June
Order supplies for health and walking clubs		Walking club supplies arrive on island	Begin training of health workers in Lighthouse area	Hold training on new tablet program for CLP	6 month report due
July	August	September	October	November	December
Expand health workers reach by going into other villages			Conduct advanced training with health workers		6 month report due

1st six months of activities;

Between Jan 1st, 2020 and June 30th, 2020, we screened over 100 patients in the downtown area of Majuro Atoll. In addition to the four communities and seven community health workers previously established under the Community Lifestyle Program, we started one more community and hired 2 more community health workers and 1 more walking club was started. In June we held a training session for the community health workers, walking club managers, and zone nurses. They were trained on the basics of understanding diabetes and high blood pressure as well as partaking in a skill lab to ensure they knew how to properly conduct health screenings. Training with the new tablets and database program was also conducted at this time. Nurse Practitioners from MOHHS came and did education on diabetes. House to house visits were started in late June with each health worker having a specific territory to cover. GPS plotting is used to track house-to-house screening and patient progress.

In addition to the health workers, the walking clubs were revitalized with new managers and a new tracking system to monitor participation. We gave incentives for those that walked consistently in the form of t-shirts and walking shoes. A special men's walking club was started and walks daily by the bridge walking trail. We are looking into incentives for them such as green smoothies at their favorite store along the walking trail and also walking shoes.

2nd Six months of activities:

Between July and December of 2020, the Community Lifestyle Program expanded its reach in the DUD area and sent the 8 community health workers out into new communities to find new diabetic and hypertensive patients. These patients have been added to the database. At the beginning of 2021, we plan to update the database that MIEPI has helped create. During this time, we will add in pre-populated listing of all new patients. This way the health workers will all know exactly who they are assigned to see each week. Overall, over 25 new patients will be added to the database.

Regarding walking clubs, the five walking clubs have been very active. Each walking club manager leads a team in the morning and evening to walk in their village. Plans are to expand to some area churches that have expressed interest.

Jan2020	Feb2020	Mar2020	Apr2020	May2020	June2020	July2020	Aug2020	Sept2020	Oct2020
Sign contract		Order supplies for health and walking clubs	Hire walking club managers	Train on new tablet program	Field test new tablet program	6 month report due	Expand reach of CLP program with other villages	Complete training for 2 new health workers	
Nov 2020	Dec 2020	Jan 2021	Feb 2021	Mar 2021	Apr 2021	May 2021	June 2021	July 2021	August 2021
		6 month report due	Hold village cleanliness competition on Majuro	Establish 1 men's exercise club	Launch new tablet program with revised patient list	Conduct 2 radio programs	Conduct 2 radio programs	6 month report due	Hold village cleanliness competition on Majuro
Sept 2021	Oct 2021	Nov 2021	Dec 2021	Jan 2022	Feb 2022	Mar 2022	Apr 2022	May 2022	June 2022
Expand walking clubs to other villages near current clubs		Hold CHOW appreciation celebration	Conduct 2 radio programs	6 month report due	Hold village cleanliness competition on Majuro	Conduct 2 radio programs	Conduct 2 radio programs	Conduct 2 radio programs	Conduct 2 radio programs
July 2022	Aug 2022	Sept 2022	Oct 2022	Nov 2022	Dec 2022				
6 month report due	Conduct 2 radio programs	Conduct 2 radio programs	Conduct 2 radio programs	Hold village cleanliness competition on Majuro	final report due				



Majur walking club in Imaaj Weot



Training completed for two new Community Health Workers In Lighthouse Area

**CLP BY QUARTER
JUN-AUG 2020 AND SEPT-NOV 2020**

June-Aug 2020	Total Visits	Visits w/ High FBS	%
Berrak	129	22	17%
Ionmaaj	231	43	19%
Other	205	28	14%
Tieti	77	44	57%
Tur	162	34	21%
	804	171	21%

September - Nov 2020	Total Visits	Visits w/ High FBS	%
Berrak	77	14	18%
Ionmaaj	93	24	26%
Other	21	4	19%
Tieti	48	12	25%
Tur	97	21	22%
	336	75	22%

June-Aug 2020	Total Visits	Visits w/ High RBS	%
Berrak	129	28	22%
Ionmaaj	231	59	26%
Other	205	58	28%
Tieti	77	11	14%
Tur	162	49	30%
	804	205	25%

September - Nov 2020	Total Visits	Visits w/ High RBS	%
Berrak	77	30	39%
Ionmaaj	93	47	51%
Other	21	1	5%
Tieti	48	12	25%
Tur	97	22	23%
	336	112	33%


June-Aug 2020	Total Visits	Patients w/ diabetes	%
Berrak	129	50	39%
Ionmaaj	231	102	44%
Other	205	86	42%
Tieti	77	55	71%
Tur	162	83	51%
	804	376	47%

September - November 2020	Total Visits	Patients w/ diabetes	%
Berrak	77	52	68%
Ionmaaj	93	80	86%
Other	21	15	71%
Tieti	48	32	67%
Tur	97	62	64%
	336	241	72%



GPS plotting of house to house visits on
Majuro Atoll - June 2020

regate by survey responses



GPS markings of screened patients
December 2020

aggregate by survey responses